

Canyon School Lunch Menu
MAY 2019
\$3.00 per lunch, \$3.75 per adult lunch
(Milk only: .50 cents)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pot Stickers Brown Rice Green Beans Green Salad Fruit	2 Teriyaki Chicken Brown Rice Broccoli Green Salad Fruit	3 Chicken or Vegetable Stew Garlic Bread Corn Green Salad
6 Spaghetti with Vegetarian Marinara Garlic Bread Carrots Green Salad Fruit	7 Teriyaki Meat Balls Brown Rice Broccoli Green Salad Fruit	8 Meat or Vegetarian Lasagna Garlic Bread Green Beans Green Salad Fruit	9 Pesto Chicken Brown Rice Corn Green Salad Fruit	10 Grilled Cheese Sandwich Carrots Green Salad Fruit Honey Yogurt
13 Pesto Pasta Garlic Bread Carrots Green Salad Fruit	14 BBQ Chicken Brown Rice Green Beans Green Salad Fruit	15 Cheese tortellini Garlic Bread Spinach Green Salad Fruit	16 Potato Leek Soup With or Without Bacon Garlic Bread Corn Green Salad Fruit	17 Fish Sticks Brown Rice Broccoli Green Salad Fruit
20 Pasta Alfredo Garlic Bread Carrots Green Salad Fruit	21 Hawaiian Chicken Brown Rice Green Beans Green Salad Fruit	22 Crispy Won Tons Brown Rice Spinach Green Salad Fruit Honey Yogurt	23 Pancakes Cheesy Eggs Sausage Broccoli Fruit Honey Yogurt	24 Won Ton Soup Brown Rice Corn Green Salad Fruit
27 – Memorial Day – No School	28 Pesto Pasta Garlic Bread Corn Green Salad Fruit	29 Meat or Vegetarian Chili Corn Bread Carrots Green Salad Fruit	30 Meat Loaf Mashed Potatoes Green Beans Green Salad Fruit	31 Spaghetti with Meat or Vegetarian Sauce Garlic Bread Broccoli Green Salad Fruit

Organic milk is offered with every lunch. **All chicken and beef used is either organic or antibiotic and hormone free.** We use whole grain products whenever possible. Please purchase a lunch card (20 lunches) for your child for \$60!

Canyon School is an equal opportunity provider. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. Canyon School is part of the National School Lunch Program.