

Canyon School Lunch Menu - August / September 2019
 \$3.00 per lunch, \$3.75 per adult lunch **(Milk only: .50 cents)**

Monday	Tuesday	Wednesday	Thursday	Friday
		28 August Pesto Pasta Garlic Bread Carrots Green Salad Fruit Pear Crisp	29 August Chicken or Vegetarian Fajita (flour or corn tortilla) Pinto Beans Corn Green Salad Fruit	30 August Chicken or Vegetable Noodle Soup Garlic Bread Broccoli Green Salad Fruit
2 September (Holiday – no school)	2 Spaghetti with Vegetarian Marinara Garlic Bread Broccoli Green Salad Fruit	4 BBQ Chicken Mashed Potatoes Green Beans Garlic Bread Green Salad Fruit	5 Sloppy Joe Sandwiches Corn Green Salad Fruit Honey Yogurt	6 Won Ton Soup Brown Rice Carrots Green Salad Fruit Pear Crisp
9 Fettuccine Alfredo Garlic Bread Carrots Green salad Fruit	10 Pesto Chicken Brown Rice Green Beans Green Salad Fruit	11 Macaroni & Cheese Garlic Bread Broccoli Green Salad Fruit	12 Meat or Vegetarian Chili Corn Bread Corn Green Salad Fruit	13 Pancakes Cheesy Eggs Sausage Broccoli Fruit
16 Pasta with or without Shrimp Garlic Bread Carrots Green Salad Fruit	17 Chicken or Vegetarian taco Red Beans Corn Green Salad Fruit	18 Meatloaf Mashed Potatoes Garlic Bread Green Beans Green Salad Fruit	19 Cheese Tortellini Garlic Bread Broccoli Green Salad Fruit	20 French Toast Cheesy Eggs Sausage Broccoli Fruit
23 Spaghetti with Meat or vegetarian Sauce Garlic Bread Squash Green Salad Fruit	24 Hawaiian Chicken Brown Rice Broccoli Green Salad Fruit	25 Meat or Vegetarian Lasagna Garlic Bread Green Beans Green Salad Fruit	26 Asian salad with or without Chicken Buttered Noodles Carrots Honey Yogurt Fruit	27 Tomato Soup Brown Rice Corn Green Salad Fruit Honey Yogurt
30 Pesto Pasta Garlic Bread Carrots Green Salad Fruit				

Organic milk is offered with every lunch. All chicken and beef used is either organic or antibiotic and hormone free. We use whole grain products whenever possible. Please purchase a lunch card (20 lunches) for your child for \$60!

Canyon School is an equal opportunity provider. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. Canyon School is part of the National School Lunch Program