

Canyon School Lunch Menu –December 2018
 \$3.00 per lunch, \$3.75 per adult lunch
(milk only: .50 cents)

Monday	Tuesday	Wednesday	Thursday	Friday
3 Creamy Pasta w/or without Shrimp Garlic Bread Zucchini Green Salad Fruit	4 Chicken & Cheese or Cheese Enchiladas Black Beans Corn Green Salad Fruit	5 Meatloaf Potato Wedges Garlic Bread Broccoli Green Salad Fruit	6 678 Field trip	7 K-1-2 Field trip Won Ton Soup Brown Rice Carrots Green Salad Fruit
10 Spaghetti with Meat or Vegetarian Sauce Garlic Bread Zucchini Green Salad Fruit	11 Teriyaki Chicken Brown Rice Carrots Green Salad Fruit	12 Meat or Vegetarian Lasagna Garlic Bread Green Beans Green Salad Fruit	13 Pancakes Cheesy Eggs Chicken Apple Sausage Broccoli Fruit	14 Tomato Soup Grilled Cheese Sandwich Corn Green Salad Fruit
17 Pesto Pasta Garlic Bread Corn Green Salad Fruit	18 Chicken or Vegetarian Fajita Corn/flour tortilla Broccoli Refried Beans Green Salad Fruit	19 Cheese Tortellini Garlic Bread Zucchini Green Salad Fruit	20 BBQ Chicken Mashed Potatoes Garlic Bread Green Beans Green Salad Fruit	21 Minimum Day – school is out at 12:35 Nut Butter & Honey Sandwiches Carrots, Celery, Yogurt and Fruit
24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break
31 Winter Break	1 Winter Break	2 Winter Break	3 Winter Break	4 Winter Break

Organic milk is offered with every lunch. **All chicken and beef used is either organic or antibiotic and hormone free.** We use whole grain products whenever possible. Please purchase a lunch card (20 lunches) for your child for \$60!

Canyon School is an equal opportunity provider. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. Canyon School is part of the National School Lunch Program.